

## Healthcare Services

**Albany County Medical Fund** 742-4240  
**710 E. Garfield, Rm 127 (Interfaith)**  
Helps with medical, dental, prescriptions.  
Must be Albany County resident.

**Department of Family Services** 745-7324  
**3817 Beech St.**

Kids Care, Title XIX, Food Stamps, Day care  
assistance for working parent(s)

**Public Health Nurse** 721-2561  
**609 S. 2<sup>nd</sup> St.**  
Health screening and immunizations

**Downtown Clinic** 745-8445  
**611 S. 2<sup>nd</sup> St.** Free Healthcare to adults with  
no health care. Wednesday only. Call to  
make an appointment.

**Iverson Memorial Hospital** 742-2141  
**255 N. 30<sup>th</sup> St.**  
Accept KidsCare, Title XIX, Medicare,  
Medicaid, and Private Insurance

**Lions Club**  
**P. O. Box 716**  
**Laramie, WY 82073**  
Vision/eye glasses help. Pick up application  
at any eye doctor's office

**Laramie Reproductive Health** 745-5364  
**413 S. 21<sup>st</sup> St.**  
Provide gynecological exam, HIV screening,  
STD screen, breast exam, birth control

**Interfaith-Good Samaritan**  
After all other means have been exhausted.

## Community Resource Guide

Developed by Interfaith-Good  
Samaritan

710 East Garfield Street, Room 127  
Laramie, WY 82070  
(307) 742-4240

Email: [Interfaith82070@aol.com](mailto:Interfaith82070@aol.com)  
[www.interfaithgoodsam.com](http://www.interfaithgoodsam.com)

Hours of Operation:

*Monday – Friday*  
*9:00 a.m. to 6:00 p.m.*

*Open Tuesday & Wednesday evenings*  
*until 8:00 p.m.*

*Saturdays, Sundays, and Holidays*  
*For Crisis Assistance Call Us*

After hours on call number: 742-4240

**Eppson Center for Seniors**  
**1560 N. 3<sup>rd</sup> St. - 745-5116**  
Meals Daily, Meals Delivered, Social Events  
Wellness Center, Transportation, and more

**Free Online Legal Help**  
[www.WyomingLawHelp.Org](http://www.WyomingLawHelp.Org)

**UW Legal Services Clinic** 766-2104  
(Updated May 15, 2014)

## Housing

**Cheyenne Housing Authority** 745-4409  
**1264 N 4<sup>th</sup> St. Laramie, WY 82072**  
Section 8 Housing and Low-Income  
Housing. Normally has a waiting list

**Habitat for Humanity** 745-4130  
**302 S. 2<sup>nd</sup> St.**  
Call to volunteer or donate, or apply for a  
future house

**Rainbow Vista Low Income Housing**  
**211 Rainbow** 745-5044  
Normally has a waiting list

**University Heights Low-Income  
Housing**  
**1622 S. 17<sup>th</sup> St.** 742-2524  
Normally has a waiting list

**Senior Housing**  
**404 S. 30<sup>th</sup> St.** 721-5915  
Normally has a waiting list

**Interfaith-Good Samaritan**  
Can assist with first month's or past due  
rent to prevent homelessness. Assistance  
is offered after all other forms of  
assistance have been exhausted

**COME A Shelter** 1 (307) 632-3174  
**1504 Stinson Ave. Cheyenne, WY 82001**  
Homeless shelter, two family rooms

**Catholic Charities Shelter (970)4845010**  
460 Linden Center Dr, Ft Collins, CO 80524

**Open Door Mission** 1 (970) 224-4302  
316 Jefferson St, Ft. Collins, CO 80524

## Food Assistance

**Laramie Soup Kitchen** 721-4723  
3<sup>rd</sup> and Iverson  
Serves hot meal Monday – Friday 11:30 a.m. to 1:30 p.m. Use side basement door

**Department of Family Services**  
3817 Beech St. 745-7324  
Food Stamps, Monday – Friday 9am- 5 pm

**Salvation Army Food Pantry**  
100 S. 2<sup>nd</sup> Street 742-5414  
Hours from 10:00 a.m. to noon, and 1:00 to 5:00 p.m. Tuesday – Friday

**USDA Food Commodities**  
I-GS Office 742-4240  
Fourth Thursday of each month 2 to 5 p.m. at corner of 8<sup>th</sup> & Custer Streets

**Interfaith-Good Samaritan** 742-4240  
710 Garfield, Room 127  
**Community Food Pantry**  
Monday through Friday 9 a.m. to 6 p.m.  
and Tuesday & Wednesday until 8 p.m.  
Saturday 10 a.m. to 2 p.m.

## Domestic Violence

**SAFE PROJECT** 742-7273  
Domestic violence shelter and support  
24 Hour Hotline: (307) 745-3556

## Traveler's Aid

**Non-Albany County Residents**  
Go to City/County Communications Center  
420 Iverson - Must appear in person  
For emergency motel, gasoline or food voucher. One assist in 12 month period

**Albany County Residents**  
**Interfaith-Good Samaritan** 742-4240  
For motel or second night for non-county residents, food or gasoline voucher

## Clothing

**Salvation Army Thrift Store** 745-7233  
100 S. 2<sup>nd</sup> St.  
Clothing, furniture, toys, and many other items. Most items sold, voucher available

**St. Matthew's Clothing Cottage** 745-0625  
310 University St.  
2<sup>nd</sup> hand clothing resale. Hours: Tuesday-Friday 11:00 a.m. to 5:00 p.m. Saturday 11 a.m. to 3 p.m.  
**New to You** 721-3070  
116 E. Custer Mon-Fri 10 a.m. to 6 p.m.

**Interfaith-Good Samaritan** 742-4240  
710 Garfield, Room 127  
Infant clothing to children size 6 and winter outer wear for all, blankets and bedding

**Goodwill Industries** 460-9566  
1575 N. 4<sup>th</sup> St  
Clothing, furniture, toys, and many other items. Most items sold, voucher available

## Transportation

**Salvation Army** 742-5414  
100 S. 2<sup>nd</sup> St.  
Transient gasoline, bus ticket for emergency

**PATS (Eppson Center Transportation)**  
1560 N. 3<sup>rd</sup> St. 742-1511  
Provides door-to-door rides \$2.00 each way. Operates Monday – Friday 9 a.m. – 4 p.m. Please call at least one day in advance to make reservation. City Route Bus \$2.00 each ride

**Albany County Transportation Authority**  
**Gem City Grand Avenue Bus** 766-8888  
7 days a week, call for schedule

**Interfaith-Good Samaritan** 742-4240  
710 Garfield, Room 127  
Assists with travel in town on PATS, crisis bus ticket, vehicle repair, motor fuel

**Greyhound Bus Station at Ramada Inn**  
2313 Soldier Spring Road 742-6611

## Social Services

**Department of Family Services**  
3817 Beech Street 745-7324

**Women, Infants and Children (WIC)**  
609 S. 2<sup>nd</sup> St. 721-2535

**UPLIFT**  
2523 East Garfield, Suite F 742-6822  
Providing support, education, advocacy, information and referral for children, youth and families who struggle with emotional, behavioral and mental health disorders. There is no charge, and no referral is needed.

**Social Security Administration**  
5353 Yellowstone 1 (800) 772-1213  
Cheyenne, WY 82009

**Laramie Work Force Center** 742-2153  
3817 Beech St.

**Worker's Compensation** 755-6261  
3817 Beech St.

**Vocational Rehabilitation** 745-3160  
3817 Beech St.

**Hospice of Laramie** 745-9254  
1262 N. 22<sup>nd</sup> St.  
ADA loan closet

**Child Support Services** 742-2026  
1771 Centennial Drive, Suite 210  
Child Support Enforcement for State of Wyoming

**Cheyenne VA** 1 (307) 778-7550  
2360 E. Pershing Blvd. 1 (888) 483-9127  
Cheyenne, WY 82001

**PEAK Wellness Center** 745-8915  
1263 N. 15<sup>th</sup> St..  
County Mental Health Facility  
Charges on sliding scale.

